

FOOD DEPARTMENT 19

1. Read General Rules and Static Exhibit Rules carefully.
2. RECIPES MUST BE ATTACHED TO EACH EXHIBIT and must be complete, legible, typed, computer printed or written in ink. Use card(s) no larger than 4"x6". **In order for a recipe to be complete, the following MUST be included: title, ingredients, procedures (all - if product is a frosted cake, then the ingredients and process should be explained for both cake and frosting), temperatures/time, yield. If any deviations are made from the recipe (i.e. cupcakes made instead of a loaf, substituted ingredients, etc.) then it should be noted on the recipe. The order of ingredients must reflect the steps.**
3. Each entry must be removed from the pan and placed on a disposable plain white paper or plastic plate and wrapped in a large clear plastic zipper storage bag; larger entries may be on foil covered cardboard bases, in clear plastic wrap. Pies must be in disposable aluminum pans. Tape entry tags on the end of the bag that does not open.
4. Garnishes and decorations may not be added to **Lots 01-21 and 24-28**.
5. No packaged mixes can be used except in **Lots 12, 22 and 23**.
6. When entering breads, pies and cakes the complete item must be entered; do not cut the item.
7. When listing class and lot, please add the name of the item (for example: shortbread, banana bread, etc.).
8. **Any product entered that requires refrigeration will be disqualified. Exhibitors cannot rely on recipe instruction for refrigeration. Any product that is custard/egg/dairy based (i.e. chocolate tortes, pumpkin pies, custard fillings, whipped cream fillings/frostings, eclairs and cream cheese frostings require refrigeration.)**
9. Ribbons will be awarded on the basis of the quality of the product (taste, uniformity, texture, color and appearance).
10. Do not place food items in baskets of any kind.
11. Food is judged on the following criteria: Correct count and shape max. 15 points; complete recipe max. 15 points; appropriate size max. 10 points; appealing color max. 10 points; good texture max. 20 points; delicious taste max. 30 points.
12. As long as your articles for exhibit differ you may make more than one entry in any lot designated with an asterisk (*) after the description.

BAKED GOODS

- Lot 01.** White bread (yeast). No machine made bread; traditional method only.
- Lot 02.** Dark bread (yeast). Made with at least 1/3 non-white flour (for example, whole wheat, rye or oatmeal). No machine made bread; traditional method only.
- Lot 03.** Corn bread
- Lot 04.** Quick bread
- Lot 05.** Fancy bread (yeast)
- Lot 06.** Yeast rolls (6) (sweet, dinner, pretzels, breadsticks, etc.)*
- Lot 07.** Baking powder biscuits (6)
- Lot 08.** Muffins (6)
- Lot 09.** Pie - one crust; using standard pastry crust
- Lot 10.** Pie - two crust; using standard pastry crust
- Lot 11.** Pie - other crusts
- Lot 12.** Creative cooking from package cake mix (judged additionally for creative recipe development)
- Lot 13.** Sliced roll cookies and cut-out cookies (6)
- Lot 14.** Drop cookies (6) The dough should be dropped from spoon into mounds on your baking sheet.
- Lot 15.** Bar cookies (6) (brownies, etc.)
- Lot 16.** Refrigerator cookies (6)
- Lot 17.** Pressed and hand-shaped (rolled balls) cookies (6)
- Lot 18.** Novelty cookies (6) (pizzelles, knots, krumkaker, etc.)
- Lot 19.** No-bake cookies (6)
- Lot 20.** Unfrosted cake (applesauce, pound, spice, fruit, sponge, angel, chiffon)*
- Lot 21.** Frosted cake
- Lot 22.** Decorated cake (judged on appearance only, an inedible base may be used)
- Lot 23.** Novelty cake (cut-up cake in animal shapes, etc.) Judged on appearance only. Attach directions and pattern to exhibit.
- Lot 24.** Candy (6) (fudge, lollipops, caramel, etc.)*
- Lot 25.** Miscellaneous (baked goods not listed in previous Lots)*
- Lot 26.** Creative baking with the microwave
- Lot 27.** Creative baking - non-microwave*
- Lot 28.** Nutritious snack (no cookies)
- For items in Lots 29, 30 and 31, exhibit 6 items if cookies, brownies, rolls, etc, and 1 if item is a cake or pie.**
- Lot 29.** Gluten free desserts (cookies, brownies, cakes, etc.)
- Lot 30.** Egg free desserts (cookies, brownies, cakes, etc.)
- Lot 31.** Sugar free desserts (cookies, brownies, cakes, etc.)
- Lot 32.** Holiday cookies (6 of any style)

- Lot 33.** Decorated Cookies (6 - judged on appearance only, but must be edible)
- Lot 34.** Gingerbread House (may use kit - judged on appearance only)
- Lot 35.** Challenge Lot - Mango Cupcakes, see the Challenge Lots section.

FOOD EDUCATION

- Lot 36.** Food Poster Contest - Herbs and spices. Acquaint yourself with herbs and spices. Tell about how to use each one for the best results, what food they are used with best and some cooking tips. You must have some pictures as well. You may use pictures from magazines, drawings or have a photo. Present this on a 22"x28" poster board. Score Card: Subject matter 60%, Workmanship 40%.
- Lot 37.** Educational Board Game - Create a board game using recipes, baked goods or both. Use any items having to do with the Food Department. Be creative and use your imagination!
- Lot 38.** Massachusetts Grown and Fresher Exhibit - Demonstrate how a Massachusetts farm product might get from farm to you. For example: show how an ingredient might be planted, grown, harvested, processed, transported, marketed, bought, prepared and baked into a product suitable for exhibit in this department. **This may be entered as an individual, team or club display.**
- Lot 39.** Recipe Modification - Modify an existing recipe by replacing one or more ingredients to produce a healthier product. Bake and submit the healthier food item. Be sure to attach both the original and revised recipes.
- Lot 40.** Food Safety Display - Select a food safety topic such as Safe Food Handling, Food Allergies or Food Borne Illnesses and Disease Prevention. Create a display to educate the public about your Food Safety topic. Your display should be able to fit into a 30"x30" space. Exhibitors are responsible for setting up their displays under the supervision of the Department Chairman. Displays may include table coverings, posters, backdrops, illustrations and other decorative and educational materials. To be judged on workmanship/quality 50%; subject matter 30%; creativity 20%. **This may be entered as an individual, team or club display.**
- Lot 41.** 4-H'er and Parent/Grandparent Bakeoff - Choose any cookie recipe. Both 4-H'er and Parent/Grandparent must follow the same recipe, and the recipe must be attached to the entry. 4-H'er and parent/grandparent entries will be judged against each other, and then the best team will be chosen. Please indicate on the exhibit tag if the entry is a 4-H'er or a parent/grandparent. No premiums will be paid for this Lot; Department Award Only.

PREMIUMS

	First	Second	Third
Lots 01-02, 05-06, 09-11, 24, 34	5 PTS	4 PTS	3 PTS
Lots 03-04, 07-08, 12-23, 25-33, 35-36, 39	4 PTS	3 PTS	2 PTS
Lot 37	10 PTS	7 PTS	5 PTS
Lot 38, 40	15 PTS	11 PTS	7.5 PTS
Lot 41	Department Award		
